Feast Hosting by Deb Anderson-Pratt

Saturday June 5th 1pm

*The whole idea for the feast came up at our last board meeting. The purpose for the feast in my mind is to honor the reconciliation I've experienced happening with our ministry and the churches in the city here.*

*My first thoughts of reconciliation happening was yeah right! Because in my mind ( your welcome to agree or not) was that it'll never happen because for me my understanding of reconciliation is giving back. Well society can't give me back my language or way of life spiritual or otherwise. However, in my work here since 2016 I have experienced much from the churches throughout openness to learn what little I offer, support in what our ministry puts out to churches to be part of and tremendous encouragement, friendship and love.*

*Thank you all for walking with us.* (Deb Anderson-Pratt Facebook post)

Feast are hosted by Indigenous people for a variety of reasons including:

* Birth of a child
* Death of a family member
* Marriage
* Birthdays
* Acknowledgement of a person or a community

The Community cooks and gathers the food (it is traditionally the role of the women) (Food needed is a list at the end)

People can sit on the ground if they are able, but people are also welcome to bring their lawn chairs. Women are asked to wear an ankle length skirt or dress. Women are NOT to sit cross legged, rather legs straight out or crossed at ONE side. (Sitting cross legged may invite negative energy)

It is protocol in Deb’s community for women to sit on one side of the circle and men the other. (Different Community have different ways) Families can sit together.

The women cook and prepare the food. The men serve the food.

The Elders sit at the front with the ceremonial pieces.

She needs 9-10 men; she is hoping for a man from each congregation in Regina.

* Commitment from Eastside and Wesley

Items each person needs to bring

* Blanket
* Tea towel
* Baggie (small Ziploc) for candies
* Mug (travel one) for tea
* Bowl or 2 with lids for soup
* Spoons
* Extra containers for fruits
* Bigger Ziploc for leftover bread cookies cakes etc.
* Extra big bow with lid for leftover soup

Please wait for direction to eat